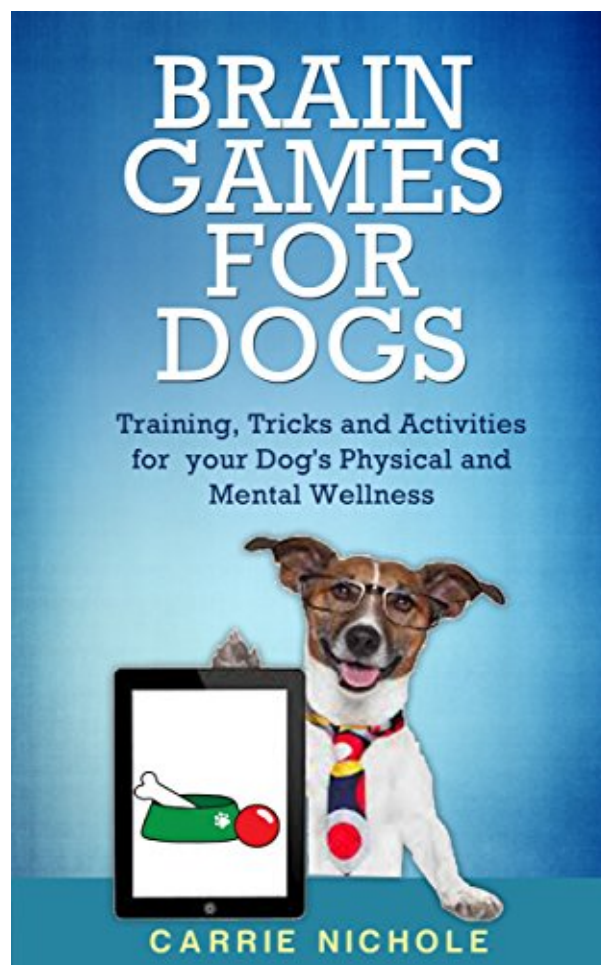


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BRAIN GAMES FOR DOGS

Training, Tricks and Activities
for your Dog's Physical and
Mental Wellness



CARRIE NICHOLE

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Yet one more aspect that the two brains have in common is the fact that when an area of the brain is neglected, it becomes less useful or of no use at all. Like muscles that are not working, the function is eventually lost. That is why brain games are so important in both humans and dogs. It's like "use it or lose it", as the old saying goes. As a dog owner, it is up to you to keep your four-legged friend's brain active and alive. After all, he would do the same for you and in many ways, he already does. Research shows that dogs stimulate human brains also, so it's only right to stimulate his in return.

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Now that it is clear what brain training games for dogs are and why it is so important to engage your dog in them, it's time to let the games begin!

The first step in doing so is to decide what games you are going to introduce as well as when and where you will do so. Be sure that it is at a time that your dog is at ease and in a place he is comfortable. A noisy, crowded dog park is not going to be a very productive place for your dog to concentrate nor is a spot that is crawling with cats if he is excited by them or where strangers are roaming. The privacy of his own turf is often the best place, especially when the games are new to him. So find a relaxed and familiar place and be sure your dog is in a calm state. Above all, make the games fun and rewarding for both you and your furry friend.

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Do you Want to Know How to train the Smartest dog ever?

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Do you have trouble controlling your dog? Are you sick and tired of the frustration that comes from living with an undisciplined dog? Do you want your dog to become smarter and do what you say?

When you download Brain Games for Dogs: Training, Tricks, and Activities for your Dog's Physical and Mental wellness, you will learn proven methods and some of the best technique for your dog mental health. You will discover everything you need to know to keep your dog in shape for years to come.

It is a fact that when it comes to your brain, it's a "use it or lose it". On average, humans engage in brain exercises every day. We work crossword puzzles, play challenging video games, and solve problems at work and so on. But what about our dog?

Dogs need brain stimulation just as humans do. There are several brain games for dogs which are excellent ways to exercise his mind while bonding with him at the same time. Many games provide physical work-outs into the mix. Not only are these games effective in enhancing brain function in your dog, they are rewarding for both your dog and you and best of all...they are fun!

Whether your dog is an average adult, a young puppy, a senior or even handicapped, this book has brain training games for all. No dog is left behind.

In this book you will not only learn tricks to teach your dog but also his brain and how it correlates with the humans. You will be amazed at the similarities and just what he is capable of learning.

Learn interactive games to teach your dog, on his own turf where he is most likely to be comfortable. Having a Ball: The Muffin Tin Game is a great indoors game that helps your dog exercise his memory. For the backyard, Brainy Tug of War is a favorite that encourages him to follow various commands while getting physical exercise and having fun as well.

Word Games for dogs are excellent to help your pooch stretch his vocabulary which is very important because the verbal auditory part of the brain is one that you and your dog both share so keeping it in tip-top shape helps ensure a strong bond between the two of you.

These dog tricks can be done in very small spaces like tiny apartments or in the garden. Bowling Fetch is an especially fun game as well as Garden Brain Games. Both train your dog in order to exercise his listening skills and following instructions.

Scent games give your dog the upper hand since that is a prime part of his brain. The games detailed in this

book will incorporate his excellent sense of smell with problem-solving exercises, memory, and other learning skills.

Take the lessons to the water if your dog loves the lake or pond. You can even do them on the beach. Water Logged Tricks and Water Fetch add an extra twist to brain games in that they are done within the water, adding an extra sensory effect in the mix.

With this fun dog activity book, you will learn to challenge your dog in order to use more of his brain so he will actually become more intelligent. In this way, you will also encourage him to keep his brain active because, just as humans, it's "use it or lose it". So, read on and get ready to have the smartest pooch on the block because a dog whose owner spends time teaching him is not only brilliant but enormously happy, too!

Download Brain Games for Dogs: Training, Tricks, and Activities for your Dog's Physical and Mental wellness now, and start training a healthy, well behaved and obedient dog!

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You'll be happy you did and your dog too!

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By Max

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Brain games are the latest craze. Studies show that these fun games are very effective ways to enhance learning skills and improve memory too. Brain games for humans are steadily gaining in popularity but the ones for the family pooch adds a whole new tailspin on the subject.

What are brain games for dogs? Just as they do for humans, brain games provide endless hours of entertainment and sharpen the mind at the same time. They are games that provoke thinking, problem solving, memory and other skills that exercise the brain. But, of course, the difference is, they are designed for dogs.

While crossword puzzles, Rubik's cubes, Sudoku and Memory are favorite brain games for humans, dogs prefer ones of a slightly different nature. Canines love running, jumping, treats and affection, so it just makes sense that when embarking on games that will enhance your dog's brain that you do so with the goal of captivating his interests also. After all, you can't really send your pup to time out for not participating in them, so it's imperative to get his attention to gain his willing cooperation.

How do dog brain games work? First, let's examine how a dog's brain works. In many ways, a canine's brain resembles that of a human's. For one, both are social creatures, which means that there is a portion of both human and dog brains devoted to social-related information processing. Neural control mechanisms in both brains possess verbal auditory awareness in verbal communication. That is to say they both have "voice areas". While dogs cannot actually engage in verbal communication, like conversations, as humans do, studies prove that they do comprehend much of what is said to them. Not only that, they detect the meanings of tones as well. Dog owners can attest to the fact that their dog knows their voice, their tone and usually, the underlying meaning behind what is being said.

Love is another thing humans and dogs share. While love is an emotion, it originates in the brain. Brain scans have even been performed that confirm that love stems from the same part of the brain in both canines and humans. Likewise, the part of the brain where positive emotions come from called the caudate nucleus, a part of the brain associated with positive emotions called the caudate nucleus is quite similar in both species. While a dog's brain is actually only about one-tenth the size of a human brain, the analogous

structures are much like a human'. They have very similar brain waves, and in dreaming. If you have a dog, you have probably noted him paddling his hind legs as if he is running or even whining in his sleep. Dogs have memories, too. He may not be up to recalling his whole week or year as humans are able to do, but he certainly recognizes people, places, and things. Many dogs get very excited when in route to a favorite spot. He begins to see and smell things that are familiar along the way and kicks into high gear, anticipating where he is going.

Yet one more aspect that the two brains have in common is the fact that when an area of the brain is neglected, it becomes less useful or of no use at all. Like muscles that are not working, the function is eventually lost. That is why brain games are so important in both humans and dogs. It's like "use it or lose it", as the old saying goes. As a dog owner, it is up to you to keep your four-legged friend's brain active and alive. After all, he would do the same for you and in many ways, he already does. Research shows that dogs stimulate human brains also, so it's only right to stimulate his in return.

Chapter 2: The Basic Skills

Now that it is clear what brain training games for dogs are and why it is so important to engage your dog in them, it's time to let the games begin!

The first step in doing so is to decide what games you are going to introduce as well as when and where you will do so. Be sure that it is at a time that your dog is at ease and in a place he is comfortable. A noisy, crowded dog park is not going to be a very productive place for your dog to concentrate nor is a spot that is crawling with cats if he is excited by them or where strangers are roaming. The privacy of his own turf is often the best place, especially when the games are new to him. So find a relaxed and familiar place and be sure your dog is in a calm state. Above all, make the games fun and rewarding for both you and your furry friend.

WORD GAMES: There are many brain training games to choose from that will stimulate your dog's brain, but it is best to start with a very basic one. Think of your dog as a baby or young child and teach him accordingly. One good place to start is with word games. If your dog already knows the names of some of his toys, begin by reviewing them. If not, it's time to learn them.

Keep in mind that dogs vary in temperament and in intelligence too. Some dogs are extremely smart and focused, others are a bit lacking in one of both areas. Be patient and work at the level your dog is at, but encourage him to go further each time.

To teach him the name of a toy, engage his interest. Toss a ball into the air and say "Ball."

Repetition is of essence so do this over and over, having him to bring the ball back to you or if he is not a good fetcher, simply allowing him to play with the ball.

When you feel he has the word "ball" down and clearly associates it with the object, have him go get the "ball" or whatever object you are working with. When he has mastered the challenge, introduce him to another toy such as a squeaky lamb or a "baby". Again, repeat the name of the object over and over and encourage him to participate.

For some dogs, it may take minutes to associate the correct toy with the name of it. For others, it may take much longer. But once he has mastered name and object association for a group of toys, mix them up and call the name of one so that he will go and pick it out. Again, some dogs will do this activity like a pro and others...not so much. When he picks the correct object, praise him and give him a treat if you want to. Make a big deal over his accomplishment and he will want to do it over and over again. Dogs aim to please.

It is said that dog owners need training as much or more as the dogs do. Train yourself to verbalize more things with your dog which will enhance his awareness of what the verbal name for things are. For instance, when it is time to feed him, talk to him. You might ask him if he is hungry like you would a young child.

"Hungry?", you can say or "Eat?" Soon you will notice that when you say the keywords, he will head to his food bowl.

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