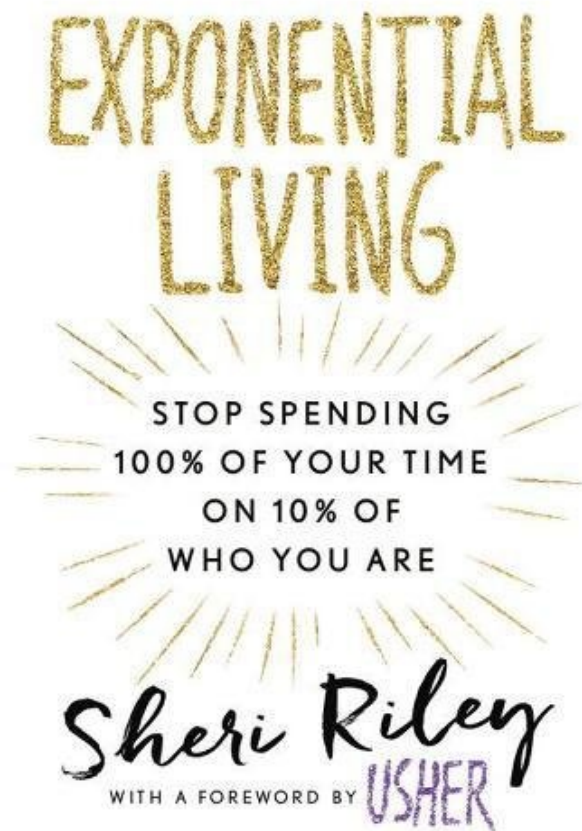


**EXPONENTIAL LIVING: STOP SPENDING
100% OF YOUR TIME ON 10% OF WHO YOU
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Discovering how to have reading routine is like learning to try for consuming something that you truly do not want. It will require even more times to assist. Additionally, it will certainly additionally little bit force to offer the food to your mouth and ingest it. Well, as reading a publication Exponential Living: Stop Spending 100% Of Your Time On 10% Of Who You Are By Sheri Riley, often, if you ought to check out something for your brand-new tasks, you will feel so woozy of it. Even it is a book like Exponential Living: Stop Spending 100% Of Your Time On 10% Of Who You Are By Sheri Riley; it will make you really feel so bad.

Review

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About the Author

Sheri Riley is a wife, mother, daughter, and entrepreneur, and we all know this is not easy, but she's discovered how to make it simple. As an empowerment speaker and life strategist, she works with busy individuals on how to make choices that lead to less stress, more clarity and inner peace. Riley is a founding partner of John Maxwell's global coaching, speaking, and teaching team and serves on John Maxwell's President's Advisory Council. She has served as a personal development coach of record for Steve Harvey's Radical Success Institute. She has been the keynote speaker at Steve Harvey's Act Like a Success Conference, Prudential's Leadership Forum, CVS Health, the NBA Wives Behind the Bench Conference, the National Black MBA Association Leadership Retreat, Atlanta Tribune's Moving Your Business Forward Conference, and the Walker's Legacy Foundation Power 50 Brunch, to name a few. She's a columnist for

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Peace is possible. Peace is our power. Peace is the New Success®.

Constantly striving to achieve one goal after another and investing more in our careers than in our actual lives have left many of us feeling overwhelmed, overworked, and disconnected from who we are—anything but happy.

Take Sheri Riley. She rose to the top of her field and was miserable. Sure she was successful, but she couldn't buy peace, and material possessions didn't bring her clarity.

Now an empowerment speaker and life strategist, Sheri Riley shares the secret that helped her regain her sense of self and purpose. In Exponential Living, she offers nine principles to help the busiest goal-oriented people integrate their professional success with whole-life success:

- Live in Your P.O.W.E.R. (Perspective, Ownership, Wisdom, Engagement, Reward)
- Healthy Living Is More Than Just a Diet
- Pursue Peace and a Positive Mind
- Have a Servant's Heart and a Giving Spirit
- Stop Working, Start Maximizing
- Happy Is a Choice, Joy Is a Lifestyle
- Build Lasting Confidence
- The Courage to Be Faithful
- Exponential Living

Sheri's plan will help you to stop spending 100% of your time on 10% of who you are.

Features interviews with Actor/Rapper Chris "Ludacris" Bridges * TV/Film Producer Will Packer * Radio Personality Bert Weiss * Actor Boris Kodjoe * Actor Nicole Ari Parker * CEO Mark Cole * Former NBA Player Darrell Griffith * Former NFL Player Peerless Price * Atlanta City Council President Ceasar Mitchell

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I have and continue to recommend this book to everyone I know

By Tonya Williams

I have and continue to recommend this book to everyone I know. The day after receiving it I took it to work and told all my coworkers that if they want to see life differently than they need to buy this book. I have never ever thought about exponential living until I saw how it has manifested in my cousin, sister and friend's life. I am so inspired and now seeking my new normal, looking at being overwhelmed in a whole new light which is no longer negative and I am in pursuit of transforming my life. And all I have to do is apply these simple but very powerful 9 principles and tomorrow will no longer look like yesterday. Go get this book if you are really ready to make a change in your life. Not is it only well written but it has a home study guide to help you get a deeper understanding of the principles on how to stop spending 100% of your time on 10% of who you are. Sheri Riley is a true visionary!.

2 of 2 people found the following review helpful.

I've lived by a "To Do" List all my adult ...

By Amazon Customer

I've lived by a "To Do" List all my adult life! Today I threw away my list, changed my healthy living diet and have begun living exponentially! Thank you Sheri for your nine principles to guide me through this process and a new way of thinking and living! This is a must read book for anyone who strives to be a high-achiever while maintaining balance between personal and professional. The stories and testimonies in the book are inspiring. A must read for everyone who desires to live fully with peace and authenticity!

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