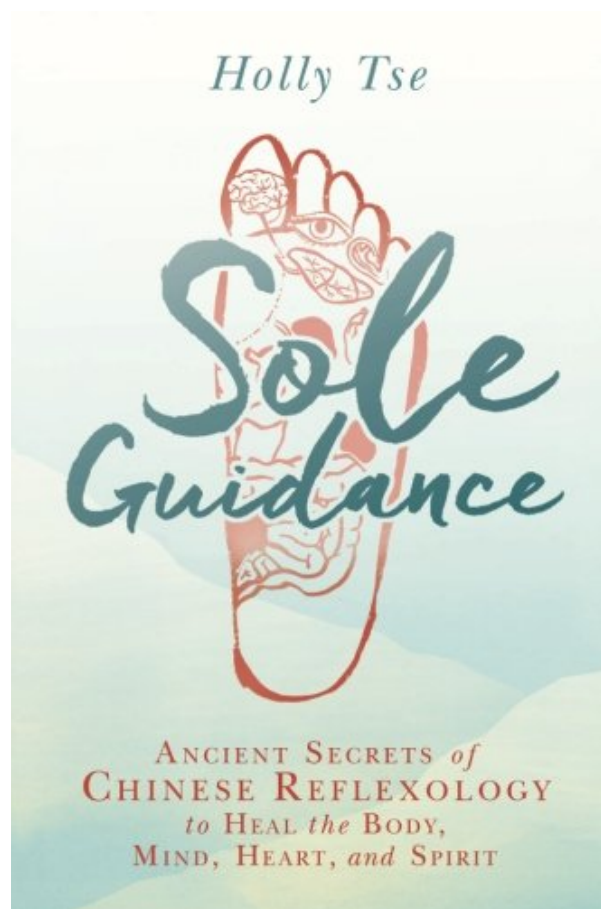


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Holly Tse is a holistic healer and certified massage practitioner who has been practicing Chinese reflexology since 2004. After astonishingly healing herself from three major health crises, Holly discovered that she could channel Universal Qi to help people heal their bodies and follow their passion—and she walked away from a ten-year corporate career to follow her heart and soul. Holly is the founder of [ChineseFootReflexology.com](http://ChineseFootReflexology.com), the premier English-language website on Chinese reflexology, where she shares the secrets of amazing health and vitality.

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Holistic healer and reflexologist Holly Tse brings new light to this millennia-old practice and reveals the curative power of Chinese reflexology in a friendly and contemporary way. Using clear illustrations and delightful step-by-step instructions, she'll embolden you to use this extraordinary process and take you on a journey through the three catalysts to incredible healing that encompass mind, body, and soul: shifting the mind, healing with energy, and following your heart and soul.

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By Amazon Customer

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